



The

# Finish Line

*MAD DOGS are fun-loving triathletes who train, race and howl together!*

Janet Sutch, Mad Dog #506, with Mad Dog #553, Lisa Charest & daughter at a Wednesday Swim practicing for the Mad Dog Mini



**Mad Dog Mad Beach Triathlon  
Almost Here!!!**

Established on November 6, 1993, the St. Pete MAD DOGS Triathlon Club is a not-for-profit organization designed to promote the sport of triathlon. The club is comprised of fun-loving triathletes who train, race and howl together with members of all levels of experience and expertise.

The Finish Line is a medium for communicating the latest club news, as well as an informational source for what's happening in the sport of triathlon as it affects us. Articles published in "The Finish Line" may contain opinions that are not necessarily of the club as a whole.

**Club Contact Information:**

**St. Pete MAD DOGS Triathlon Club**

P.O. Box 635

St. Petersburg, FL 33731-0635

Hotline: (727) 582-1910

Web: [www.stpetemaddogs.com](http://www.stpetemaddogs.com) (Webmaster: Nung Bedell)

E-Mail: [info@stpetemaddogs.com](mailto:info@stpetemaddogs.com) (Secretary: Hartley Mellish)

**Articles, photographs and submissions** should be submitted via e-mail to the editor at [newsletter@stpetemaddogs.com](mailto:newsletter@stpetemaddogs.com) no later than the 15th of each month. "The Finish Line" is published 11 times per year (there is no January edition/December member meeting.) Space for ads is always available.

**Advertising requests** should be submitted to Rue Morgan at [advertising@stpetemaddogs.com](mailto:advertising@stpetemaddogs.com), or advertising questions may be directed to him at 727-823-4938.

Space	Width" x Height"	Cost per Month
1/4 page	5" x 3.5"	\$40
1/2 page	7.5" x 5"	\$60
Full page	7.5" x 10"	\$100
Flyer	8.5" x 11"	\$150

The Finish Line can accept submissions as .docs, .jpg, .gifs, or any other file format that can be converted by Microsoft Office. Full page ads can be submitted as .pdfs.

All flyers must be standard 8.5" x 11", 20# paper (no cardboard please). Flyers (700 copies) are to be printed at advertiser's expense and mailed directly to Rue Morgan, 727 - 37th Avenue NE, St. Petersburg, FL 33704 and received by the 15th of the month prior to publication with check enclosed. Make check payable to the St. Pete MAD DOGS.

Note: Payment is due the 15th of the month prior to publication. Prepayment for 5 months of advertising entitles the advertiser to a FREE 6th month. Advertisements must run concurrently for this pricing to apply.

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 Mail to St. Pete MAD DOGS  
 POB 635  
 St. Petersburg, FL 33731-0635

**Thank You to Our Club Contacts & Coordinators:**  
 Alan Tudor (Message Board Moderator)  
 Barbara Burke & Rose Hoge (Membership Assistants)  
 Brian Harrington (USAT Club Liason)  
 Roger Burke (Club Level 1 Coach)  
 Coordinators: Troy Altomare, Wesley Carr, Karin Kmetz, Bela Molnar, Rose & Buzz Hoge, Jackie Yost, Kathy Morgan, Katie-Knight Perry, Tim Hudson, Carolyn Kiper and Angela Hawkes.  
 2008 Madeira Beach Triathlon Coordinator: Pam Brown

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# From The President

## Mad Dogs,

This has been a busy month with so much participation and anticipation of this new season's possibilities.

We had a great turn out for the Lottery 70.3 Party turn to page 10 for some smiling Mad Dog winners.

We have Mad Beach just around the corner and this should be an exciting race. We added the 5K and look forward to an entire weekend of howling good times.

Make sure you sign up or volunteer because this will be one our biggest bashes of the year.

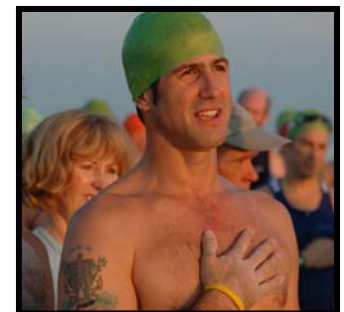
St Anthony's just ended and I'm sure I saw a few of you at our pre and post race parties. Its always exciting to

have the whole world's attention focused in our backyard and show our Mad Dog spirit to all the attendees. Thank you to everyone who helped in this past weekend of events.

Well now that the season has officially begun and we have a few races under our belts, be sure to ask your fellow Mad Dogs who's traveling to what races so we can add some great road trips into the mix.

It's all about the fun we have while doing the sport we all love.

Happy Training,



# Training & Events Calendar

Every Sunday, 8:30 AM (Sharp!)

## St. Petersburg Library Ride

3745 9<sup>th</sup> Street North  
(Corner of 37<sup>th</sup> Street & 9<sup>th</sup> Avenue N.)  
St. Petersburg, FL 33713

www.stpetecycling.com

There are two routes and three levels of ability (including a "daisy-picker" slow-paced ride). The St. Pete Cycling Club hosts this ride with the Mad Dogs; helmets are required.

The next three entries take place at:

North Shore Pool  
901 North Shore Drive N.E.  
(North of The Vinoy)  
St. Petersburg, FL 33701

Monday through Friday, 7AM & 8:30 AM

## St. Pete Cycling Club Morning Rides

North Shore Pool Parking Lot  
www.stpetecycling.com  
Helmets are required. Please check their website for specific speeds and distances.

Every Monday, 5:45/6 PM

## Mad Dogs Snell Isle Run

North Shore Pool Parking Lot  
www.stpetemaddogs.com  
Club contact: Jack Eads (727) 577-7745  
Varying abilities and distances, but the group standard tends to be a 6-mile loop around Brightwaters. Bring a cooler if you want to hang out after—it's a fun loving group.

Every Tuesday & Thursday, 6:30 PM – 8 PM

## Triathlon Stroke Technique/Swim Training

North Shore Pool  
(727) 893-7727

www.stpete.org

Fee: \$5.50

The pool is open year round: the fee published contains a 10% winter heating surcharge.

Every Wednesday, 6 PM

## First Mad Dog Wednesday Night Swim, Run & Social at Pass-A-Grille Beach

Frank T. Hurley Park  
1501 Gulf Way

Pass-A-Grille Beach, FL

www.stpetemaddogs.com

Swim 1/2 mile to 1 mile or more, run and then bring a dish to share and stay for the social after. **Special note:** the parking meters are now enforced until 8PM.

Every Friday, 6PM

## Friday Night 15K

The Tavern at Bayboro  
121 7<sup>th</sup> Avenue South  
(USF St. Pete Campus)  
St. Petersburg, FL 33701

www.stpetemaddogs.com

Contact: Jack Eads (727) 577-7745

You don't have to run the full 9 miles: stay for a social after.

## Yost Group Swim

Every Friday, 8:00 AM  
from Caddy's Sunset Beach  
meet up at 143 91<sup>st</sup> Ave, Treasure Island, FL

Every Saturday, 8:30 AM

## Group Bike Ride

North Shore Pool  
(Address listed in the column at left.)  
www.stpetecycling.com  
www.stpetemaddogs.com

Upcoming Races & Club Events

The next **Mad Dog Member Meeting** will be:

## Thursday, May 29<sup>th</sup>, 2008, 7PM

St. Anthony's Resource Center—2<sup>nd</sup> Floor  
500 9<sup>th</sup> Street North  
(Next to St. Anthony's Hospital)  
St. Petersburg, FL

Please arrive early (6:15-6:30PM) to assemble the newsletter. After the meeting we socialize at the Tavern at Bayboro (see address above). Free domestic beverages to **those who attend the meeting.**

## Publix Family Fitness Weekend

Saturday, May 3&4, 2008  
St. Augustine, Florida: Sprint, Duo & Kids

## Gator Half Iron Distance Triathlon

Sunday, May 04, 2008 7:00 AM  
Sarasota, Florida Ackerman Park

## Charlotte Harbor (

Short Course & Long Olympic)  
TriAmerica National Triathlon Series Tour  
Sunday, May 04, 2008 Englewood, FL  
Chadwick Park -7:30am

## Tri Miami Triathlon and Duathlon

Sunday, May 04, 2008  
Olympic distance  
Key Biscayne, Florida: Crandon Park

## Palm Harbor Triathlon (adult & youth)

7:30 a.m., Saturday, May 10  
Pop Stansell Park, Palm Harbor, FL  
Suzanne Henslee's Youth Triathlon Series benefits the LIVESTRONG Lance Armstrong Foundation. "Party in the Park" immediately after the awards ceremony, and typically attracts 2000 people to the park each year. There are live bands, events for kids, and it's a fun time!

## Lake Louisa Sprint Triathlon

Thursday, May 08, 2008  
Clermont, Florida: Lake Louisa State Park

**Sarasota Sharks Classic Olympic Triathlon**  
Saturday, May 10, 2008  
Sarasota, Florida

## State of Mind Sports International Triathlon

Sunday, May 18, 2008 8:00am Olympic  
St. Augustine, Florida: Marineland Spring  
**Crystal River Triathlon Series, Sprint#1**  
Saturday, May 24, 2008  
Crystal River, Florida  
Fort Gulf Park Island Beach



## Madeira Beach Mad Dog Triathlon

Saturday, May 30—June 1, 2008  
Madeira Beach, Florida  
5K, Sprint Tri & MiniTri  
Archibald Beach Park

Thank you to our  
**Premier Sponsor.**

**chainwheel  
DRIVE**

The Mad Dogs would be unable to put on this triathlon which has such a strong history in our club without the support of Chainwheel Drive.

-Katie K Perry	- Jackie Yost
-Annette Frisch	- Larry Yost
-Nicholas Godbey	- Peggy Brink-

One more "Bark Out" to ...**Publix Northeast Shopping Center** for providing a donation of "garden salad" for all Mad Dogs attending the St A's, Pre Race Party. Thank you!

# Happy Birthday!

All Birthdays compiled by membership@stpetemaddogs.com—omissions are never intentional.

\* Indicates Age Group

1-May Chris Steffen Kerry Allen	8-May Buzz Hoge Kyle White Troy Kimbrough Sheila King Tom Santaniello	Frazier Keck 17-May Janice Clifton David Burg	28-May Katie Knight-Perry <b>*Zakkary Whitelock</b>
2-May <b>*Dan Derussy</b> Martha Carswell <b>*David Bilyeu</b>	9-May <b>*Darry Jackson</b> Chris Polaszek John C. Taylor	19-May John Ricca Terry Latham <b>*Andy Krupa</b>	29-May Bill Riley <b>*Jack Finucan</b> Ashley Prossick Bryant Davies
3-May Hartley Mellish Sue Fleshman	11-May Jean Goergen	20-May Angelica Compton 22-May Roger Burke <b>*Jeff Cuddeback</b>	<b>*Pauline Rupp</b> Ray Noyes
4-May Sue Massanari <b>*Harold Britt</b>	12-May Jeb Ferebee Rose Laurence <b>*Miranda Lessie</b>	23-May Tony Handler <b>*Peter C. Paulin</b> Tracy Graham Jessica Koelsch	30-May Lisa Wannemacher Marianne Bushman
5-May Dawn Shea Cameron Codol	14-May Karin L. Kmetz Christina Noordstar Shannon Hodges	24-May Mark Prossick <b>*Tim Maglione</b>	31-May Sam Veraldi Frankie McDermond
6-May Pam Brown Brock Nardozi	15-May Monrico Lehnert <b>*Nancy Rutland</b> Keith Runyan	25-May Brianne Gaal James Hill	
7-May Cindy McBride Lalena Sheets Kirstin Johnson John Pachella	16-May <b>*Shirley Taylor</b>	26-May <b>*Nancy Dinucci</b>	



## MAD DOG TRAVELERS



**Mad Dogs Kip #1124 & Carol Jean #213 Vosburgh** will be departing from San Francisco June 1st for a Cross Country Challenge with America By

Bicycle, cycling for 52 days, arriving in Portsmouth NH July 22nd. Their daily average mileage will be 80 miles per day for 3,836 miles. You can follow their adventure by clicking on their web blog at

[www.CrazyGuyOnABike.Com/KipCarol](http://www.CrazyGuyOnABike.Com/KipCarol)

Their trek with America By Bicycle begins with a rear wheel dip in the Pacific Ocean and ends dipping the front wheel in the Atlantic Ocean. Amenities include daily route cue sheets, breakfast, dinner, SAG support & daily mo-  
tel accommodations.

It sounds like a blast. Hopefully the smiles on their faces stay on throughout the journey.  
- Happy Biking!



### Mad Dog Miranda Lessie #2824 and Jeff Lessie:

On May 15<sup>th</sup> we will be traveling to Macedonia for a short term mission trip. We along with 8 others will be boarding a plane in Tampa and taking a 12 hour flight to the capital of Macedonia...Skopje. We will be assisting in building a Christian community center for the underprivileged people of the area. Our project will take place just outside the city in an area called Shutka. This area is settled by the

largest gypsy population of any city in Europe (70,000 people). They have great needs: housing is poor, lacking even the basic amenities.

The center will serve as a pre-school, Church, mission house, concert hall and health clinic for future medical mission teams.

You can join the effort by contacting the Three Strand Cord a non-profit 501c by calling 1-866-319-3655 or sending a check to P.O. Box 9691 Tampa FL 33674

**Miranda & Jeff have been regulars for years at the wed. night swims. Go Mad Dogs**



Amazon Medical Mission '07



# IRONMAN. 70.3 SERIES

## 2008 EVENT SCHEDULE

- SOUTH AFRICA IRONMAN 70.3 (Jan. 13)
- PUCON IRONMAN 70.3 (Jan. 20)
- GEELONG IRONMAN 70.3 (Feb. 10)
- IRONMAN 70.3 CALIFORNIA (March 29)
- CHINA IRONMAN 70.3 (April 20)
- ST. CROIX IRONMAN 70.3 (May 4)
- IRONMAN 70.3 FLORIDA (May 18)
- AUSTRIA IRONMAN 70.3 (May 24)
- IRONMAN 70.3 HAWAII (May 31)
- SWITZERLAND IRONMAN 70.3 (June 1)
- IRONMAN 70.3 BOISE (June 1)
- EAGLEMAN IRONMAN 70.3 (June 8)
- U.K. IRONMAN 70.3 (June 15)
- KANSAS IRONMAN 70.3 (June 15)
- BUFFALO SPRINGS LAKE IRONMAN 70.3 (June 29)
- BARCLAYS NORTH IRONMAN 70.3 (July 6)
- FOSTER GRANT IRONMAN 70.3 RHODE ISLAND (July 13)
- VINEMAN IRONMAN 70.3 (July 20)
- NEWFOUNDLAND IRONMAN 70.3 (July 27)
- WHIRLPOOL STEELHEAD 70.3 (Aug. 2)
- ANTWERP IRONMAN 70.3 (Aug. 3)
- GERMANY IRONMAN 70.3 (Aug. 10)
- TIMBERMAN IRONMAN 70.3 (Aug. 17)
- SINGAPORE IRONMAN 70.3 (Sept. 7)
- MONACO IRONMAN 70.3 (Sept. 7)
- MUSKOKA IRONMAN 70.3 (Sept. 14)
- BRAZIL TELECOM IRONMAN 70.3 (Sept. 14)
- CANCUN IRONMAN 70.3 (Sept. 21)
- LONGHORN IRONMAN 70.3 (Oct. 5)
- IRONMAN WORLD CHAMPIONSHIP 70.3 (Nov. 8)

Photo by Balke-Svenson/Ironman

**REGISTER TODAY AT [IRONMAN.COM](http://IRONMAN.COM)**

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# "The Dogs Are Unleashed at the Beach Friday Mornings"



Venessa, shopping for new shoes



Clare and Dennis showering after a great swim

**By Venessa France, Mad Dog #2333**  
 swimmingandbiking@gmail.com  
 It's 6am and you are sound asleep when suddenly your alarm clock goes off. As you reach over to turn it off, you let out a loud, stretching yawn. Then, suddenly, a big smile comes across your face and you jump out of bed realizing... it's Friday, you get to go swimming at the Yost's. It's going to be a great day... a great workout, good food and wonderful people to share it all with. They offer exemplary parking and a tantalizing breakfast usually consist-

ing of tasty bagels, other yummy sweets, hot coffee, fruity juice and whatever else may be brought. Oh yeah, can't forget the birthday cake once a month for those celebrating that 29<sup>th</sup> birthday again. Larry and Jackie Yost have been inviting swimmers to join them every Friday morning for about the past 4 years. This wonderful event started with a few friends getting together for a morning swim and as the word got out, others started showing up and bringing some breakfast to share. All that is required on your part is to show up (food item not mandatory) and have some fun. They meet at the Yost house located on Sunset Beach at 143 91<sup>st</sup> Ave, Treasure Island, FL.

you a chance to scope out the competition (yep, some of us race, even though all may not have realized it yet) and say hello to your Mad Dog friends who were eager enough to show up. Upon reaching the water's edge we all mosey in, usually noting how inviting the water appears. On occasion, there have been those cold or rough mornings where most opt for the pool later in the day but, of course, a few brave souls will swim in any conditions. If you decide not to swim, don't fret; Jackie will still let you partake in the breakfast. Most will swim anywhere from 1/2 mile to 1 mile or even more. Now, are you ready for the best part of the morning?? Yep, a hot shower! Can you believe it? You get to get up early, swim in the wonderful Gulf of Mexico, eat a delicious breakfast, drink some hot coffee or cold juice, hang out with friends and you get a hot shower to top it all off.



Millie and Barb enjoying their Coffee

At 8am sharp swimmers, anywhere from 10 to 20, start the long, agonizing walk to the beach. Okay, okay, maybe not so long or agonizing (about 2 blocks) but you do have to walk (or run). Hey, look at it this way... it gives



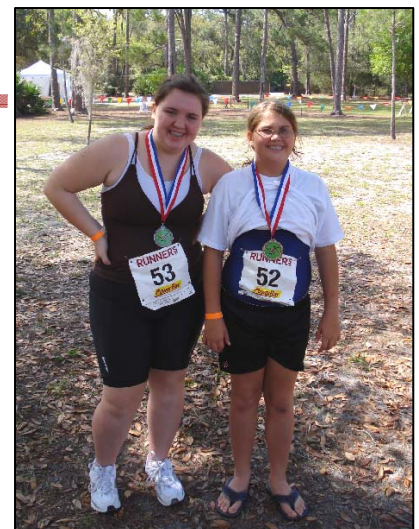
Clare Kelly, Reva, & Annette Frisch

# The Family that Trains together...

The girls have been pushing since we had them join the club, from the training to finishing their first official triathlon. Katie finished **3rd** in her age group for the Kids Wildman Triathlon. Julia finished **1st** and won her age group for the Kids Wildman Triathlon. They both also volunteered at the Olympic Duathlon/Triathlon on Sunday while Peggy and myself competed in the Wildman Olympic

Duathlon where Peg finished 2<sup>nd</sup> in her age group and I finished 3<sup>rd</sup>... Alas, I wasn't able to defend my win from last year. However the event was better organized than it was last year, even if water was the only option. Anyway these MAD DOGS had a great time as always in the sport they love to do together as a family and enjoy with friends.

-The Brinkley's



# RACE REVIEW: ESCAPE FROM FT. DESOTO!



## Race Review: Escape from Ft. DeSoto

By Angela Hawkes, Mad Dog #1661  
Spm1661@triathlete.com

A few years back, I praised Jim Rainey and the Macon Half as a well-run race that set the bar for how I would view races thereafter. I have attended races since with name brands, great management, and every element that should make them the best; but I could never say, "This was the best race I've ever attended." It wasn't until April 12, 2008 that I could genuinely say: **Fred Rzymek** (MD#690) and **Joe Fernandez** grabbed that bar, hoisted it up and set it effortlessly. The 22<sup>nd</sup> Annual Escape From Ft. DeSoto Triathlon is the best race I've ever attended.

I started volunteering for the race on Tuesday, when we assembled at Bill Jackson's for goody-bag stuffing. Afterwards, Fred took us all out to Quaker Steak & Lube and it was just amazing to hear he and race announcer (as well as USAT Florida Board Member) **Brian Harrington** (MD#152) reminisce about local triathlon for the past twenty-odd years. At Friday's packet pick-up, I noticed the expo at Bill Jackson's seemed to be a huge success: to get to athlete check-in, the participant first had to meander through the shop and then by a great deal of booths.

By the end of Friday, we had roughly 340 packets left for a race that had closed a week early at 1000 participants—a 66% early packet pick-up success! The Friday volunteers, including **Jessica Mundie** (MD#11), **Venessa France** (MD#2333), and **Eric Kahl** (MD#850, who had us all in stitches with his stories), brightened near 5 p.m. when Race Coordinator Mary plunked down a frosty can on the table and announced there were hot dogs on the grill outside.

The next morning, butterflies were hitting my stomach. I was reassured to see **Eric DeLand** (MD#523) as head USAT official, because I know he's one of the fairest. At transition, **Janet Sutch** (MD#506) marked me while her fiancé, **Barrie Coates** (MD#1158), was spot-on as the disc jockey. Transition was well-marked, and after answering a few questions from the previous day and helping out—I was quite grateful when **Venessa** and **Richard Herring** (MD#2618) encouraged me to walk up the beach and slip into the water as a warm-up.

The water was gorgeous: roughly 74 degrees and just like a clear saltwater pool. I knew the current would be going slightly against us (as I commented to **Coach Joe Biondi**), but I hit each buoy (sans wetsuit) without adjusting course. I started in the last wave, which included **Scotty Underkoffler** (MD#1435) and original Ironman **Dave Orlovski** (MD#2360), but that only added to the fun. As I moved up on the beach, I was thrilled to hear **Barbara Burke** (MD#2409), and later see her husband (and the person who has given me invaluable Club USAT Level 1 coaching since returning to racing) **Roger** (MD#9).

I've done several races at Ft. DeSoto: the winds weren't bad. Each mile marker was easy to spot, which made the race extraordinarily friendly to newbies or folks who don't use a bike computer. It wasn't until the turnaround at mile 9 that a gust hit, but the distance was so minimal to the finish I barely noticed.

Exiting transition, I had the opportunity to run briefly with **Katie Knight-Perry** (MD#3) before catching up with **Larry Yost** (MD#119)—who just kept outrunning me when I'd dare to catch a breath, so I decided it best to just run with him to the finish and had a blast.

I was a late belle to the finish line ball, but there was still a ton of food, cold water and refreshments. Macaroni



Grille catered the post-race party. Although my stomach shuts down after a race, I saw the menu included grilled chicken breast, two kinds of pasta, and chocolate cake decadent enough to make your toes curl!

During the awards ceremony, I was very humbled to receive the Escape From Ft. DeSoto **Ralph Perry Award**. To my understanding, this is an award fellow Mad Dogs at the race pick for a volunteer (I know **Gina Waters** and **Millie Hamilton** have won it in years prior), and it was an incredibly special honor. **Ralph G. Perry** was one of the founding members of our club.

As for Fred and Joe? Wow. Over the Wednesday Night grille, I've heard rave reviews now about **Chilly Willy Duathlon** and **Escape From Ft. DeSoto**. Next up is the **Sunrise Beach Biathlon** at Hurley Park (where we assemble every Wednesday Night for the swim) June 14<sup>th</sup>, and **Top Gun**—which is sure to close out!

# Race Results

Race results 5-deep are accepted at [raceresults@stpetemaddogs.com](mailto:raceresults@stpetemaddogs.com)—Any errors or omissions are never intentional.

**Escape From Ft. DeSoto Triathlon**  
April 12, 2008  
St. Petersburg, FL

**1st Place:**

John-Gerard Farese  
Rob Skaggs  
Robb Gomez  
Art Halltunen  
Roger Little  
Bob Ranta  
Erin Kowal  
Kathy Frailing ( Masters)  
Linda Musante  
Jan Thompson  
Barbara Towey  
Katie Knight-Perry  
Jackie Yost

**2nd Place:**

Shayne Murphy  
Bob Wagoner  
Al Vosylius  
Amy Keener  
Karen Alderman  
Jill Voorhis  
Gail Lohman  
Margaret Joy Johnson

**3rd Place:**

David Noyes  
Roland Lajoie  
Al Browne  
Angie Orr  
Dana Zykoski  
Jennifer Hutchison  
Sofia Bereza  
Shirley Bassett

**4th Place:**

Michael Fox  
Dave Gresko  
Larry Yost  
Macall Dyer  
Patricia Farese  
Kim Stoddard  
Lindsay Bell

**5th Place:**

Mark Aleksin  
Larry Tomsic  
Bob Moorehead  
Leslie Beauchamp  
Clare Kelley  
Diane Spicer

**25th ANNUAL GREAT CLERMONT TRIATHLON**  
April 6, 2008  
Clermont, Florida

**1st Place:**

Jo Adamson  
Lewis Bennett

**3rd Place:**

Kristin Donahue (OA)

**4th Place:**

Spencer Smith (OA)  
Kathy Frailing (OA)

**NEW MEMBERS!** Thanks to everyone for signing up, we look forward to training together.

<b>Mike Nisbett</b>	<b>CANADA</b>	<b>#2821</b>
<b>Samuel Salinas</b>	<b>St. Petersburg, FL</b>	<b>#2822</b>
<b>Tim Maglione</b>	<b>Upper Arlington, OH</b>	<b>#2823</b>
<b>Miranda Lessie</b>	<b>Tampa, FL</b>	<b>#2824</b>

We had such a rush of new members over the off-season with all the events, sign-ups and swag. Lets start this new season off strong and help support all the new Mad Dogs with their race endeavors!

There are so many training events going on, make sure you check out our training calendars and show up for a great work out.

Remember it takes...

Consistency, Consistency, Consistency

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Tampa Bay's Charitable Mortgage Company

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[timothykennedy@gmail.com](mailto:timothykennedy@gmail.com)

## MORE WEDNESDAY NIGHT SWIMS!



Vladimir Bleic with Lindsay Cross, Mad Dog #2507

If you haven't made it out, the water is warming up and now is the perfect time to get back into it!

### HATS OFF TO THE CHEF!



We have had many 'chefs' at the Wednesday night swim with Angela Hawkes stepping up almost every Wednesday.

On behalf of his part-time catering gig, Davis is prepared and provided for the group at Pass a Grille Wed, April 23rd.

He is cooked a large pot of chicken sausage jambalaya for the masses. Hopefully you made it out there!

He also brought dogs for the grill for those unfortunate few who can't stomach the power of jambalaya.

**David Bilyeu**  
**Mad Dog #495**

Matthew and Shannon (left) Thomas, #2813 & 2816, with Michelle Bushoven #2648



## Dog House grr... Rent



Call Wendy Johnson at 727-363-8881.

### Mad Dog 3/2 House For Rent.

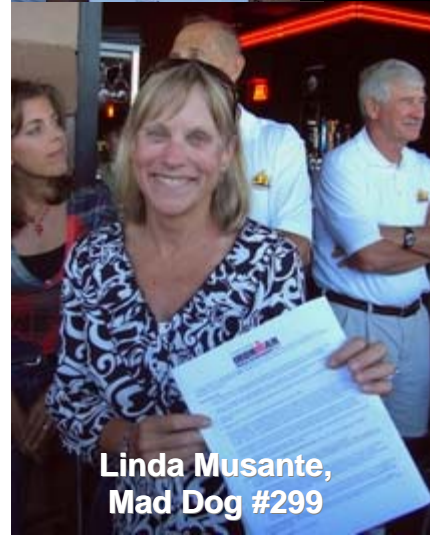
\$1,300 Month  
15th Ave NE.

Near Northshore.  
washer/dryer, garage  
small, easy to care for yard

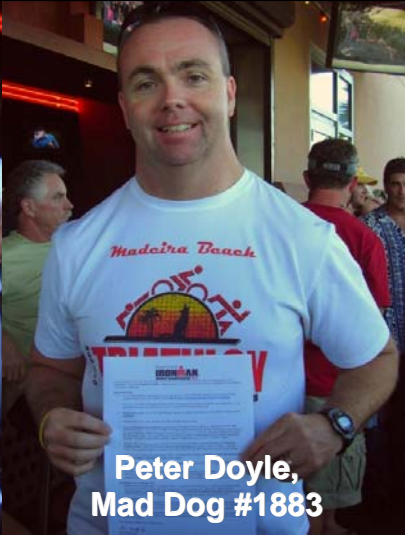


Foster Grant  
**IRONMAN**  
WORLD CHAMPIONSHIP 70.3

The April 12th Lottery Party was a huge success at The Courtside Grille, thanks to organizer Tim Hudson (Mad Dog #1040). 25 Mad Dogs received lottery slots to the 70.3 Championship in November, with one auctioned for the Challenged Athletes Foundation.



Linda Musante,  
Mad Dog #299



Peter Doyle,  
Mad Dog #1883



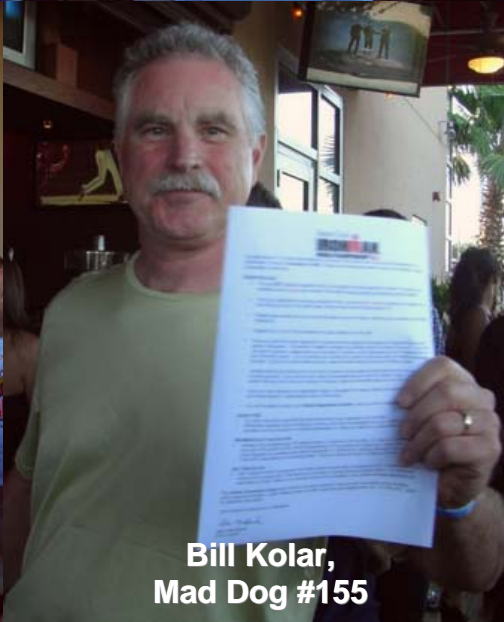
Dave  
Orłowski  
Mad Dog  
#2360  
& Original



Gina Waters,  
Mad Dog #2295



Quint Noordstar,  
Mad Dog #1866



Bill Kolar,  
Mad Dog #155



Sebastian Steger,  
Mad Dog #2807



Sophia Bereza,  
Mad Dog #437



Tony Scott, Mad Dog #1609,  
with Steve Meckfessel, Mad Dog #70 & Ironman  
70.3 Race Director



Jenna Casper,  
Mad Dog #2511



Bruce Lamotte,  
Mad Dog #2724



- New Membership Application
- Renewal Form
- Information Update

**St. Pete Mad Dogs**  
 P.O. Box 635  
 St. Petersburg, FL 33731-0635

Section 1: This information will be published in the Mad Dog Directory. Please Print Clearly:

Name: \_\_\_\_\_  
 Street Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Home Phone: (\_\_\_\_\_) \_\_\_\_\_  
 Spouse's Name: \_\_\_\_\_

Section 2: This information will NOT be published in the directory:

D.O.B. \_\_\_\_\_ Shirt Size \_\_\_\_\_ USAT #: \_\_\_\_\_

Employer: (Circle if Self): \_\_\_\_\_

Occupation: (Circle if Retired) \_\_\_\_\_

Your Last Triathlon Event? \_\_\_\_\_

Date: \_\_\_\_\_ Location: \_\_\_\_\_

Section 3: A few optional questions. Feel free to attach another sheet of paper:

What other sports are you involved in? \_\_\_\_\_

Are there any special accomplishments you would like to share with us? \_\_\_\_\_

Are there specialized talents or skills you would be willing to volunteer to the Mad Dogs? \_\_\_\_\_

Section 4: We're a volunteer, not-for-profit organization. How could you help?

- Newsletter  Picnics & Parties  Membership
- Telephone Call-Outs  Board of Directors  Fund-Raising/Scholarship
- Special Projects  Other: \_\_\_\_\_

One application per person: families, please attach separate sheets.

**Section 5: Ironman Information**

Please list any Ironman distance (or double) triathlons you have competed in:  
 \_\_\_\_\_  
 \_\_\_\_\_

**Section 6: Reference**

Who referred you to the Mad Dogs? \_\_\_\_\_

Who do you train, race or howl with that is a Mad Dog? \_\_\_\_\_

**Section 7: Miscellaneous**

Is there anything else you would like to tell us?

Section 8: The Waiver. This section must be signed before the application can be accepted. **(If under 18, a parent or legal guardian MUST sign.)**

I do hereby waive and disclaim, for myself, my heirs, and assigns, any and all claims for personal injury or property damage which may occur in connection with any St. Pete Mad Dog Triathlon Club activity. I will be completely responsible for myself and any minor under 18 whom I may bring or allow to participate in a club activity. This statement also pertains to travel to and from club functions.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

Date: \_\_\_\_\_ Parent/Legal Guardian (U/18): \_\_\_\_\_

**Section 10: Dues**

New Membership (Includes T-shirt) Renewal, Mad Dog # \_\_\_\_\_

Single (\$35) Family (\$50) Single (\$25),

Donations appreciated - \_\_\_\_\_ Family (\$30) # \_\_\_\_\_

\*\*US DOLLARS PLEASE\*\*

Please make your checks payable to the **St. Pete Mad Dogs** # \_\_\_\_\_

Mail to: St. Pete Mad Dogs, P.O. Box 635

St. Petersburg, FL 33731-0635

**Section 11: Newsletter**

How would you like to receive your newsletter? **E-mail version Electronically**  
**receivable via St. Pete Mad Dogs web site.**

Mailed version, black & white.  E-mail version: Color with bonus pages.

Before selecting the internet newsletter, go to [www.stpetemaddogs.com](http://www.stpetemaddogs.com) and click on The Finish Line—then select the month to view. Dial-up users may have difficulty selecting the month to view.

St. Pete Mad Dogs are fun-loving triathletes who train, race and howl together!



**St. Pete MAD DOGS**

## **The Finish Line**

St. Pete MAD DOGS Triathlon Club  
P.O. Box 635  
St. Petersburg, FL 33731-0635  
www.stpetemaddogs.com

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TAMPA, FL

**Note:**

Our next membership meeting will be Thursday, May 29th, 2008 at St. Anthony's Resource Center, 2nd floor (500 MLK/9th Street North—St. Petersburg, FL). See inside on page 3 for more information.



The newsletter deadline is always the 15th of each month. Comments or questions about this publication may be sent to:  
newsletter@stpetemaddogs.com.

### **PLEASE CHECK YOUR ADDRESS**

If it's printed with red ink, it's time to renew!  
Use the form on page 15, or go to [www.Active.Com](http://www.Active.Com) (Keyword: Mad Dogs) to renew! Information changes can be sent to: [membership@stpetemaddogs.com](mailto:membership@stpetemaddogs.com)

Hey Volunteer! Smack the label **HERE!**

Thanks for attending our MAD DOG Member Meeting:  
Be sure to sign-in to **WIN PRIZES & RACE ENTRIES!**  
After, join us at The Tavern at Bayboro for free drinks

### **FRIDAY SWIMS**

**Bottom Row: Barbara Burke with Rambo, Jackie & Larry Yost with Prissy, John Malley, Annette Frisch, Clare Kelly, Dotty Malley, In front of them Millie Hamilton, King Smith, (next to Dotty is Nan Smith, yourself, Roger and Dennis Gato**



Go to [www.Active.Com](http://www.Active.Com) (Keyword: Mad Dogs) to join and receive an official member t-shirt, directory, newsletter subscription, club discounts, invitations to special events—and more! Call our Mad Dog at Hotline: 727-582-1910 • [www.StPeteMadDogs.com](http://www.StPeteMadDogs.com)